



## City Of Lisburn Athletics Club

Registration forms for under 11's  
8 – 11 Years ONLY

**Name:** \_\_\_\_\_

**D.O.B:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Post Code:** \_\_\_\_\_

**Tel:** \_\_\_\_\_

**Mobile:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

Has your child any medical conditions which would affect training and competition? If so, please list them below(including any injuries and illnesses which they may have had).

By signing this form I consent to my child joining in training sessions with the Athletics Club on Monday and Thursdays Nights. -. Please read the Rules before signing.

Signature: \_\_\_\_\_ (Parent/ Guardian)

### Rules

Children MUST be over 8 years old for insurance purposes. Children must listen to and respect the coach.

Children must respect the rules of the track (i.e. no messing or playing catch on or around the track).

Please make sure your child is appropriately dressed. (If wearing shorts and t - shirt please wear a tracksuit over the top and a coat).

Please make sure your child is at the track for prompt start and picked up on time. It is advisable to send water with your child to training to keep him/her hydrated.